

Sky, that competed in the affiliate completion and finished 30th. I witnessed firsthand all the hard work and dedication that ultimately granted them a spot in the Games. The members of CrossFit Sky's affiliate team are Amy Quimby, Hollace Fugate, Mandy Malloy, Sean Malloy, Brian Head, Tom Sharp, Aaron Fugate and Mike Quimby.

The CrossFit Games are only a small part of CrossFit as a whole which is ultimately spreading the desire to make oneself live a healthier and more productive lifestyle. It is available to everyone, not just elite athletes. The same concepts behind CrossFit used to train elite athletes can be used for people of all ages to help them reach their fitness goals. Tony Budding from CrossFit headquarters couldn't have said it any better, "CrossFit is really about helping others achieve their goals. For even the top athletes, their achievements are temporary, whereas the impact we make on others is lasting."

I rise today not only to honor these great athletes who have not only achieved the ultimate success of being named among the fittest in the world, but to celebrate the sport of fitness in general. In an era when we are faced with less time for physical activity and the temptation and convenience of unhealthy food, it is important for all Americans to take simple steps to live long and better lives, especially considering the obesity epidemic facing my state of Oklahoma and our Nation. I believe CrossFit is helping in this fight against obesity and I challenge all Americans to challenge themselves to live a healthier lifestyle.

IN HONOR OF THE 50TH ANNIVERSARY OF HARRIS RF COMMUNICATIONS IN ROCHESTER, NY

HON. LOUISE MCINTOSH SLAUGHTER

OF NEW YORK

IN THE HOUSE OF REPRESENTATIVES

Friday, July 30, 2010

Ms. SLAUGHTER. Madam Speaker, I rise today in order to express my sincere congratulations to Harris RF Communications on celebrating its 50th anniversary.

The division is a shining example of how a sense of entrepreneurship and perseverance can leave a lasting impression on an industry and a community.

Started by Bill Stolze, Elmer Schwittek, Roger Bettin and Herbert VandenBrul in 1960, the outfit has transformed itself from a basement operation in Rochester, NY to a \$2 billion dollar business in international company producing cutting edge technology.

It is especially fitting that we celebrate this achievement as this radio is used and sought after by every branch of the U.S. Department of Defense as well as several of our ally nations. Today, their radios are seen not only as meeting industry standards, but surpassing them with their forward looking technology. Their products contain next-generation communications capabilities that are designed to be compatible with existing communications systems. Moreover, they can be upgraded in the future to grow as new software and encryption technology advances.

It is this superior design and production, which was recognized by the U.S. Army as one of 2007's greatest inventions that leaves me confident that our troops and those of our

allies are in good hands while using Harris RF Communications products.

The company, which has given so much to the industry, should also be commended on their dedication to the community. Their mark has not only been felt through their donations to local educational institutions, but by participating in mentoring youth in engineering such as the newly established Harris Scholars Program for economically disadvantaged young girls.

However, no achievement is won alone, so I would also like to recognize all of Harris' local employees for the critical work they perform every day in support of our soldiers. Their care and dedication assure me that there are many more years of innovative products to come.

INTER-LOCAL PENSION FUND BILL

HON. RICHARD E. NEAL

OF MASSACHUSETTS

IN THE HOUSE OF REPRESENTATIVES

Friday, July 30, 2010

Mr. NEAL. Madam Speaker, I rise today to introduce legislation to improve the retirement savings of hard-working union members. Specifically, members of the Inter-Local Pension Fund of the Graphic Communications Conference of the International Brotherhood of Teamsters do not have access to some of the same retirement provisions that other workers do. And I think it simply makes no sense.

The Fund, formed in 1950, is a 501(c)(18) pension trust that provides benefits to 12,500 active and 20,000 retired union members. Sixty-eight local affiliated unions participate in the Fund, and benefits are financed entirely by employee contributions and the earnings thereon. Section 501(c)(18) provides a tax exemption for a pension trust created before June 25, 1959 and funded solely by employee contributions. Further, the pension plan of which the trust is part must satisfy certain non-discrimination tests. The Fund appears to be the sole remaining section 501(c)(18) pension trust in existence.

Madam Speaker, my legislation would simply apply the same cap to annual contributions to 501(c)(18) pension trusts that applies to annual elective deferrals in 401(k) plans. Those caps for workers in 401(k) plans are also adjusted for inflation. Without such parity the Fund's pension value will continue to decline. These workers deserve to be on equal ground as 401(k) participants.

Additionally, the legislation makes available to the Fund the same exception from the debt-financed real property rules currently available to section 401 pension trusts allowing for better diversification of assets.

In closing, Madam Speaker, these provisions will allow the Fund to better serve its union members and do so in sync with its tax exempt purpose of providing self-funded employee benefits. I urge my colleagues to join me in supporting this legislation.

TRIBUTE TO MRS. MABLE A. WATKINS-CASS ON THE OCCASION OF HER 75TH BIRTHDAY

HON. BOBBY L. RUSH

OF ILLINOIS

IN THE HOUSE OF REPRESENTATIVES

Friday, July 30, 2010

Mr. RUSH. Madam Speaker, I rise today to pay tribute to and honor a distinguished constituent, community leader, humanitarian, and family woman, Mrs. Mable A. Watkins-Cass, on the occasion of her 75th birthday. A native of Holly Springs, Mississippi, Mrs. Watkins-Cass and her parents moved to Chicago in her early teens. She graduated from the Chicago Public Schools and attended Wilson Junior College in Chicago.

A retired employee of the Chicago Public Schools, Mrs. Watkins-Cass remains active in the Morgan Park community of my congressional district. She is the mother of four adult children, a grandmother and great-grandmother and is a dedicated member of the Vernon Park Church of God on the southside of Chicago.

Mrs. Watkins-Cass continues a lifelong commitment towards making a difference in the lives of other people. She is a shining example of how God can use even the ordinary to accomplish the extraordinary. She has endeavored to share the wisdom and knowledge that God has granted her with others to enable them to prosper in knowledge and wisdom. Indeed, many who have had the privilege of knowing and associating with her have come to recognize that they are much better the person as a result.

Madam Speaker, it is my great honor to pay tribute to and congratulate my constituent and friend, Mrs. Mable A. Watkins-Cass on the occasion of her 75th birthday. I want to encourage her to continue to let her light so shine that men and women will see her good works and give glory to God in Heaven. I am privileged to enter these words into the CONGRESSIONAL RECORD of the United States House of Representatives.

STATEMENT HONORING THE ACCOMPLISHMENTS OF CONTINENTAL STRUCTURAL PLASTICS (CSP), LLC-SAREPTA, LOUISIANA

HON. JOHN FLEMING

OF LOUISIANA

IN THE HOUSE OF REPRESENTATIVES

Friday, July 30, 2010

Mr. FLEMING. Madam Speaker, I rise today to honor the hard work and dedication of a local Louisiana manufacturer. The manufacturer that I am recognizing has demonstrated innovation in manufacturing operations and business growth, as well as a commitment to community involvement.

Continental Structural Plastics (CSP), LLC—Sarepta, located within my district in Louisiana, has been providing innovative and technical solutions to Louisiana manufacturers since 1997. The economic impact that CSP-Sarepta brings to North Louisiana is significant. The facility employs more than 1180 people with an annual payroll of \$5 million. This local manufacturer has made noteworthy advances in productivity throughout their organization resulting in substantial growth. Because of these accomplishments, CSP-